

**Nutrition Facts**

	<u>AVERAGE PER SERVING</u>	<u>AVERAGE % DAILY VALUE</u>
Total Fat	2 g	3%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Cholesterol	5 mg	2%
Sodium	170 mg	7%
Potassium	340 mg	10%
Total Carbohydrate	15 g	5%
Dietary Fiber	4 g	16%
Sugars	8 g	
Protein	11 g	22%

**Calories per Serving: 110**

Calories from Fat: 15

Serving Size: 31.4 g

Servings per Container: 7

**This Product is:**

- ✓ Vegetarian Product
  - ✓ Lactose Free
  - ✓ 9 mg Caffeine
  - ✓ Non-Kosher
  - ✓ Heart Healthy
- Contains 8.7g of soy protein*

AVERAGE % DAILY VALUE

Vitamin A.....	20%
Vitamin C.....	20%
Calcium .....	20%
Iron.....	20%
Vitamin D.....	20%
Vitamin E .....	20%
Vitamin K.....	20%
Thiamin (B1) .....	25%
Riboflavin (B2).....	25%
Niacin (B3) .....	20%
Vitamin B6 .....	20%
Folate .....	20%
Vitamin B12 .....	20%
Biotin .....	20%
Pantothenic Acid.....	20%
Phosphorus.....	20%
Iodine.....	20%
Magnesium.....	20%
Zinc .....	20%
Selenium.....	20%
Copper.....	25%
Manganese.....	30%
Chromium.....	20%
Molybdenum.....	40%

- Percent Daily Values are based on a 2,000 calorie diet
- Although Reference Daily Intakes (RDI's) of these nutrients have not been established, the quantities of these nutrients are within the range in the daily diet of adults according to the Food and Nutrition Board of the National Research Council.

**Ingredients**

Soy protein isolate, semi-sweet chocolate chips [sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla] (may contain milk), fructose, brown sugar, dextrin, reduced cholesterol egg powder [egg whites, egg yolks, maltodextrin, polydextrose, modified corn starch, corn oil, titanium dioxide (color), salt, guar gum, xanthan gum, annatto (color), spice], cocoa (processed with alkali), rice flour, cocoa, natural and artificial flavor, xanthan gum, salt, guar gum, instant coffee, acesulfame potassium.

Vitamins and Minerals: Calcium carbonate, potassium phosphate, calcium phosphate, magnesium oxide, ascorbic acid, ferric orthophosphate, vitamin E acetate, niacinamide, zinc oxide, calcium pantothenate, manganese sulfate, copper sulfate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, vitamin A palmitate, chromium chloride, folic acid, sodium molybdate, biotin, potassium iodide, sodium selenite, vitamin K1, vitamin D3, vitamin B12.

Contains: Soy and egg. May contain milk.