

Medifast® Diabetic Bars

Chocolate Crunch

70500

Nutrition Facts

	AVERAGE PER SERVING	AVERAGE % DAILY VALUE
Total Fat	4.5 g	7%
Saturated Fat	2.5 g	13%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	170 mg	7%
Potassium	350 mg	10%
Total Carbohydrate	23 g	8%
Dietary Fiber	4 g	16%
Sugars	2 g	
Protein	10 g	

Calories per Serving: 140

Calories from Fat: 40

Serving Size: 43 g

Servings per Container: 7

This Product is:

- ✓ Kosher Dairy
- ✓ Also Formulated for Diabetics
- ✓ Vegetarian Product
- ✓ Contains Whey
- ✓ Low Lactose
- ✓ 2.5 mg Caffeine

AVERAGE % DAILY VALUE

Vitamin A	25%
Vitamin C	30%
Calcium.....	35%
Iron	35%
Vitamin D	25%
Vitamin E.....	35%
Vitamin K	25%
Thiamin (B1)	30%
Riboflavin	30%
Niacin	25%
Vitamin B6.....	30%
Folate.....	35%
Vitamin B12.....	25%
Biotin	25%
Pantothenic Acid.....	25%
Phosphorus	35%
Iodine	20%
Magnesium	25%
Zinc.....	20%
Selenium	20%
Copper	30%
Manganese	50%
Chromium.....	25%
Molybdenum	60%
Chloride.....	8%

- Percent Daily Values are based on a 2,000 calorie diet
- Although Reference Daily Intakes (RDI's) of these nutrients have not been established, the quantities of these nutrients are within the range in the daily diet of adults according to the Food and Nutrition Board of the National Research Council.

Ingredients

Soy protein isolate, maltitol, cocoa powder, polydextrose, sorbitol, soy nuggets (soy protein isolate, rice flour, malt, salt), inulin, glycerine, fractionated palm kernel oil, lactitol, microcrystalline cellulose, fructose, potassium chloride, lecithin, soybean oil, soy lecithin, propylene glycol, partially hydrogenated palm oil, guar gum, salt, natural & artificial flavors, dicalcium phosphate, dextrose, corn starch, sucrose, acesulfame potassium, magnesium oxide, water, ascorbic acid, ferric orthophosphate, dl-alpha-tocopherol acetate, niacinamide, zinc oxide, manganese sulfate, d-calcium pantothenate, copper gluconate, pyridoxine hydrochloride, riboflavin, thiamin mononitrate, vitamin A palmitate, chromium polynicotinate, sodium molybdate, folic acid, biotin, sodium selenite, potassium iodide, phytonadione, cholecalciferol, cyanocobalamin.

Contains: Soy, milk. Manufactured in a facility that uses tree nuts, wheat and peanuts

Medifast® Diabetic Bars

Peanut Butter Crunch

70600

Nutrition Facts

	AVERAGE PER SERVING	AVERAGE % DAILY VALUE
Total Fat	5 g	8%
Saturated Fat	3 g	15%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	160 mg	7%
Potassium	320 mg	9%
Total Carbohydrate	22 g	7%
Dietary Fiber	4 g	16%
Sugars	0 g	
Protein	11 g	

Calories per Serving: 140

Calories from Fat: 45

Serving Size: 43 g

Servings per Container: 7

This Product is:

- ✓ Kosher Dairy
- ✓ Also Formulated for Diabetics
- ✓ Vegetarian Product
- ✓ Contains Whey
- ✓ Low Lactose
- ✓ 1 mg Caffeine

AVERAGE % DAILY VALUE

Vitamin A	25%
Vitamin C	35%
Calcium.....	35%
Iron	30%
Vitamin D	25%
Vitamin E.....	35%
Vitamin K	25%
Thiamin (B1)	30%
Riboflavin	30%
Niacin	25%
Vitamin B6.....	30%
Folate.....	35%
Vitamin B12.....	25%
Biotin	25%
Pantothenic Acid.....	25%
Phosphorus	35%
Iodine	20%
Magnesium	25%
Zinc.....	20%
Selenium	20%
Copper	25%
Manganese	50%
Chromium.....	25%
Molybdenum	60%
Chloride.....	10%

- Percent Daily Values are based on a 2,000 calorie diet
- Although Reference Daily Intakes (RDI's) of these nutrients have not been established, the quantities of these nutrients are within the range in the daily diet of adults according to the Food and Nutrition Board of the National Research Council.

Ingredients

Maltitol, soy protein isolate, sorbitol, polydextrose, peanut flour, inulin, glycerine, natural peanut butter, soy nuggets (soy protein isolate, rice flour, malt, salt), fractionated palm kernel oil, microcrystalline cellulose, lactitol, cocoa (processed with alkali), potassium chloride, milk protein isolate, whey protein isolate, calcium caseinate, lecithin, guar gum, soy lecithin, partially hydrogenated palm oil, salt, dicalcium phosphate, modified corn starch, artificial flavors, acesulfame potassium, medium chain triglycerides, magnesium oxide, mannitol, ascorbic acid, ferric orthophosphate, dl-alpha-tocopherol acetate, niacinamide, zinc oxide, manganese sulfate, d-calcium pantothenate, copper gluconate, pyridoxine hydrochloride, riboflavin, thiamin mononitrate, vitamin A palmitate, chromium polynicotinate, sodium molybdate, folic acid, biotin, sodium selenite, potassium iodide, phytonadione, cholecalciferol, cyanocobalamin.

Contains: Soy, peanuts, milk. Manufactured in a facility that uses tree nuts and wheat