

Nutrition Facts

	<u>AVERAGE PER SERVING</u>	<u>AVERAGE % DAILY VALUE</u>
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	95 mg	4%
Potassium	0 mg	0%
Total Carbohydrate	8 g	3%
Dietary Fiber	1 g	4%
Sugars	2 g	
Protein	4 g	

Calories per Serving: 70

Calories from Fat: 15

Serving Size: 15.0 g

Servings per Container: 7

This Product is:

- ✓ Kosher Parve
- ✓ Vegetarian Product
- ✓ Lactose Free
- ✓ Caffeine Free

AVERAGE % DAILY VALUE

Vitamin A0%
 Vitamin C0%
 Calcium.....2%
 Iron4%

- Percent Daily Values are based on a 2,000 calorie diet
- Although Reference Daily Intakes (RDI's) of these nutrients have not been established, the quantities of these nutrients are within the range in the daily diet of adults according to the Food and Nutrition Board of the National Research Council.

Ingredients

Low Fat Soy Flour, Rice Flour, Sun Flower Oil, Sugar, Spice, MalicAcid, Natural Flavoring, Salt.

Contains: Soy.

Manufactured in a facility that uses milk and wheat

Nutrition Facts

	<u>AVERAGE PER SERVING</u>	<u>AVERAGE % DAILY VALUE</u>
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	140 mg	6%
Potassium	0 mg	0%
Total Carbohydrate	7 g	2%
Dietary Fiber	1 g	4%
Sugars	1 g	
Protein	5 g	

Calories per Serving: 70

Calories from Fat: 20

Serving Size: 15.0 g

Servings per Container: 7

This Product is:

- ✓ Kosher Dairy
- ✓ Vegetarian Product
- ✓ Lactose Free
- ✓ Caffeine Free

AVERAGE % DAILY VALUE

Vitamin A0%
 Vitamin C0%
 Calcium.....4%
 Iron4%

- Percent Daily Values are based on a 2,000 calorie diet
- Although Reference Daily Intakes (RDI's) of these nutrients have not been established, the quantities of these nutrients are within the range in the daily diet of adults according to the Food and Nutrition Board of the National Research Council.

Ingredients

Low Fat Soy Flour, Rice Flour, Sun Flower Oil, Whey, Semisoft Cheese [milk, cheese cultures, salt, enzymes], Buttermilk Solids, Natural Flavors, Calcium Phosphate, Sodium Phosphate, Lactic Acid, Salt.

Contains:Soy and milk.

Manufactured in a facility that uses wheat.

Nutrition Facts

	<u>AVERAGE PER SERVING</u>	<u>AVERAGE % DAILY VALUE</u>
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	210 mg	9%
Potassium	0 mg	0%
Total Carbohydrate	7 g	2%
Dietary Fiber	1 g	4%
Sugars	1 g	
Protein	5 g	

Calories per Serving: 60

Calories from Fat: 15

Serving Size: 15.0 g

Servings per Container: 7

This Product is:

- ✓ Kosher Dairy
- ✓ Vegetarian Product
- ✓ Lactose Free
- ✓ Caffeine Free

AVERAGE % DAILY VALUE

Vitamin A0%
 Vitamin C0%
 Calcium.....4%
 Iron4%

- Percent Daily Values are based on a 2,000 calorie diet
- Although Reference Daily Intakes (RDI's) of these nutrients have not been established, the quantities of these nutrients are within the range in the daily diet of adults according to the Food and Nutrition Board of the National Research Council.

Ingredients

Low Fat Soy Flour, Rice Flour, Sun Flower Oil, Buttermilk Powder, Cheddar Cheese Powder [pasteurized milk, cheese cultures, salt, enzymes, whey, partially hydrogenated soybean oil, buttermilk, citric acid, natural flavors, disodium phosphate, lactic acid], Tomato Powder, Autolyzed Yeast, Onion Powder, Dextrose, Garlic Powder, Sugar, Natural Flavors, Malic Acid, Spices, Sodium Diacetate, Salt.

Contains: Soy and milk.

Manufactured in a facility that uses wheat.